



N. JOHN SIMMONS, JR.

John Simmons is an accomplished senior business executive with significant operating and financial experience applied to companies in the public and private sectors. John brings exceptional leadership and Board experience to large, rapid-growth companies in the technology, consumer and business services, retail, manufacturing and real estate industries.

John most recently served as Director, CEO and President of Lifestyle Family Fitness, Inc., one of the nation's top fitness organizations. John was instrumental in the company's growth, expansion, and development of the social media and online services platform. His leadership set the stage for the two successful divestitures to Life Time Fitness in 2011 and LA Fitness in 2012.

In addition to Lifestyle Family Fitness, John has served on the Board of Directors of Technology Research Corporation, MedQuist Inc., and SRI Surgical Express, Inc. He has worked extensively in turnaround, M&A and high-growth scenarios and is an expert in a multitude of corporate governance, compliance, and financing activities.

John also served as President of Quantum Capital Partners, a private equity firm investing in companies in consumer services, software, and internet services, among other industries. During his tenure with Quantum, John served in strategic executive officer roles with several investee and other companies including New Homes Realty, Inc. as President and COO, and Invision Research Corporation as Interim CFO.

Prior to Quantum, John was the Vice President and Controller of Eckerd Corporation where he led acquisition strategies for the \$10B drug store chain. He has also served as CFO of Checkers Drive-In Restaurants where he was instrumental in the company's significant revenue growth and expansion. John began his career with KPMG where he served as Audit Partner-in-Charge of the Tampa Bay middle market, manufacturing, retail, real estate, and technology practice areas.

John is a member of the Loyola University of New Orleans Board of Trustees where he serves as Chairman of the Audit Committee and member of the Executive Committee. He has been a member of NACD since 2011. John also stays involved in his community as Director of the Association for Corporate Growth (ACG) in Tampa Bay and as a member of the Finance Committee of Morton Plant Mease Health Care.

John holds his B.B.A. in Accounting from Loyola University of New Orleans and is a Certified Public Accountant.